As individuals in recovery ourselves, we know how challenging initiating and maintaining our recovery from substance misuse and/or mental health can be. Our experience has taught us that giving/receiving support and staying connected with others can help us find and stay on our own path to recovery. We are not here to tell you what your recovery should look like or how you should do it. We are simply offering you some support. encouragement and connection along the way.

You are not alone.

## "How can we help you with your Recovery?"

YOUR LIFE. YOUR RECOVERY. YOUR WAY.

## Now in VALLEY ADAMS ADAMS COUNTIES

Free & Confidential

## Peer-Based Recovery Support Services

- peer recovery coaches
- connection to community resources
- peer led recovery support groups
- supported access to treatment
- social/recreational activities
- community advocacy
- overdose reversal supplies
- volunteer opportunities





200 E PARK STREET MCCALL, ID 83638

208.278.7977







100 IILLINOIS AVE SUITE 2 COUNCIL, ID 83612

208.500.3035



A place where

isolation becomes inclusion,

problems find solutions.

and strangers become friends.



Learn more about the recovery community at:

www.theroc.center